

DAWN NEWS

Windarrang
Client Newsletter
Edition 7
Autumn 2022



Welcome to our Edition 6 of our Dawn News publication

Made by Windarrang clients for Windarrang clients.

You can contribute!

Are you a client at Windarrang? You can contribute to *Dawn News*.

We need your photography, artwork, short stories, poems, articles, news, things that are happening around Windarrang and upcoming events or programs you may wish to discuss or highlight.

Windarrang is an indigenous word that means dawn or sunrise.



Want to join in?

How: email directly or ask a support worker or a team leader to get your offering/s to: Keegan1976@mail.com or VPoxon@Windarrang.org.au

Activities!

For fun resources visit www.goldencarers.com/activities/

In This Issue

Clients artwork

Get away to
Apollo Bay

Fun activities

...and much
more

The day Ukraine was invaded

By David Keegan

On the 25th February 2022 Ukraine declared a state of emergency and imposed martial law as Russia launched a full-scale invasion with multiple rocket attacks on airports, ports and military bases including Kiev.

Columns of tanks streamed across the Russian border into the east of the country but also Russian troops arrived at the critical port cities of Odessa and Mariopol in the south and Kharkiv in the north.

Despite pleas from world leaders President Putin isn't listening. He is a dictator. He is undemocratic and doesn't care. Heavy sanctions have been placed by world governments on Russia. Even Russians have

been arrested whilst at demonstrations calling for an end to the invasion of Ukraine and this illustrates how he doesn't care. Hopefully he will be tried as a war criminal.



Claire, Katy and Conor enjoyed a chat in the late afternoon sun at Millend



Look at the fun people recently had at Apollo Bay. Brad and Claire



Fun School Holiday Activities



Make your own chalkboard

Kids can create their own DIY chalkboard. Chalk paint is available in a range of colours and can turn wood, metal, plaster board or glass into a chalkboard! We'd recommend using a smooth wooden board as the base.

Tools and materials:

- Chalkboard paint
- Foam roller
- Chalk
- Surface to paint on



Make a sign for your bedroom door

Let everyone know it is your bedroom by painting a sign or letters to spell your name.

Tools and materials:

- Acrylic paint
- Glitter paint
- Metallic paint
- Paint brush
- Wooden letters etc

Modelling clay creatures

Tools and materials:

- Modelling clay



More Fun Activities



Weaving with scraps of fabric



Storyteller

Turn your stories and drawings into a book

Animal Jokes

Q: *What did mama lion say when she saw her cub chasing a hunter around a tree?*

Stop playing with your food!

Two cows were talking in the field.

One cow says, "Have you heard about the Mad Cow disease that's going around?"

The other cow answers, "Yeah, makes you glad you're a penguin, doesn't it?"

A man walks into a pet shop.

"Have you got any dogs going cheap?" he asks.

"Sorry, all our dogs go woof."

One snake says to his friend, "I forget — are we poisonous?"

"Why do you want to know?" the friend replies.

"Because I just bit my tongue!"

A baby camel asks its mother why they have large feet.

"It's to stop us sinking in the soft desert sand." The mother replies.

"Mum, why do we have all this hair around our eyes?"

"So that when we cross the desert and the wind blows, we won't get sand in our eyes."

"Mum, why do we have humps on our backs?"

"To store water so that if we don't find a water hole we can use our built-in supply."

"I hope you don't mind mum, but I've got one more question."

"What's that?"

"What are we doing here in the zoo?"

Q: *Can a kangaroo jump higher than a house?*

Of course, a house doesn't jump at all!

Our clients are really enjoying art projects!





Employment Opportunities

We support people with disability through meaningful employment in our ADE program. You can work for us in various enterprises.

For details visit windarring.org.au or call **03 5422 7001**



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Contribute

Are you a client with Windarring? Let us know if you'd like to contribute! We need:

Photography
Artwork
Short stories & articles

Send them to

Keegan1976@mail.com or
VPoxon@Windarring.org.au

Questions?

Call 03 5422 7001

Editor & Contributor:

David Keegan

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Bringing you client stories and experiences from across windarring

Acknowledgement of the traditional owners and country

Windarring acknowledges the Australian Aboriginal and Torres Strait Islander peoples of this nation. We acknowledge the traditional custodians of the lands on which our company is located and where we conduct our business. We pay our respects to ancestors and Elders, past and present and emerging leaders. Windarring is committed to honoring Australian Aboriginal and Torres Strait Islander peoples' unique cultural and spiritual relationships to the land, waters and seas and their rich contribution to society.

Content Disclaimer

The views, information, or opinions expressed in the Dawn News are solely those of the authors and do not necessarily represent those of Windarring and its employees and clients. Please seek professional medical and financial advice if needed.

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Windarring Pty Ltd
67 Baynton Street
Kyneton VIC 3444
+61 (0)3 5422 7001
admin@windarring.org.au
windarring.org.au