

DAWN NEWS



Windarring
Client Newsletter
Edition 6
Summer 21/2022

Welcome to our Edition 6 of our Dawn News publication

Made by Windarring clients for Windarring clients.

You can contribute!

Are you a client at Windarring? You can contribute to *Dawn News*.

We need your photography, artwork, short stories, poems, articles, news, things that are happening around Windarring and upcoming events or programs you may wish to discuss or highlight.

Windarring is an indigenous word that means dawn or sunrise.



Want to join in?

How: email directly or ask a support worker or a team leader to get your offering/s to: Keegan1976@mail.com or VPoxon@Windarring.org.au

Activities!

For fun resources visit www.goldencarers.com/activities/

In This Issue

Bird Paintings

Pottery classes

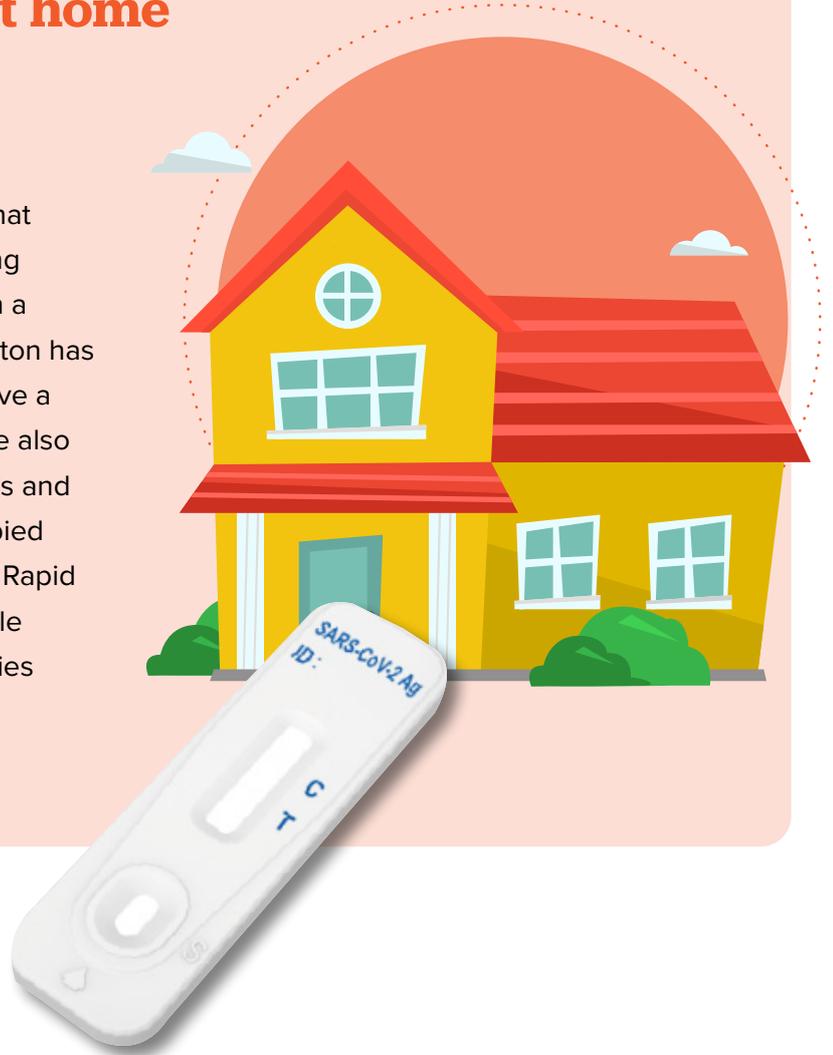
Support
Coordinator

Fun activities
...and more

Covid infected to report home test results online

By David Keegan

On the 1st January 2022, the Age reported that Victorians who test positive to COVID-19 using a Rapid Antigen test must lodge the result on a DHHS website. Chief Health Officer Brett Sutton has urged people who attend major events to have a negative Rapid Antigen Test before going. He also recommended that limited access to hospitals and aged care facilities. The Pharmacy Guild lobbied for low income people to have access to free Rapid Antigen tests. The guild recommended people who can afford to pay will help with pharmacies being overrun.



Arnold Jenkins passes away

By David Keegan

I was deeply shocked to read the news that Arnold Jenkins passed away. He was a member of the Kyneton Horticultural Society, a member of the Rotary Club of Kyneton, and was involved with the running of the Kyneton Daffodil and Arts festival. He died on the 29th January 2022 aged 79. He died in peace. His funeral was held on the 8th February 2022. I knew him personally. I thank him for his kind service to the Kyneton community and I extend my condolences to his family on behalf of Windarring.



The role of a support coordinator

By David Keegan

Recently I interviewed Tony Cavedon who is my support coordinator at Windarrang. Tony said that the role of a support coordinator was to help clients understand an NDIS plan.

“We work with you to ensure that your NDIS plan works”, Tony said.

Tony explained that his role involved helping clients make decisions about their plan in case it needed to be changed. He also said that he helped clients to choose services.

“We also help clients prepare for their plan review and we also help clients in times of crisis,” he said.

Tony does support coordination because he likes supporting clients to develop and learn skills at their own pace. Tony also enjoys seeing people make their own informed decisions and achieve their own goals.

For myself as an NDIS participant Tony was able to get an early review of my NDIS plan and involve allied health professionals such as occupational therapists and give me work sorting books through a work experience trial. I am also the editor of DAWN news, the client newsletter of Windarrang. I have enjoyed working and at Tony’s request I have written this story and I would like to thank him for agreeing to be interviewed.

What is Support Coordination?

Windarrang Support Coordination can help you to:

- Plan your goals
- Find services that can help you
- Choose services that you would like to buy

A Support Coordinator can talk to you about:

- What you need
- What you would like to do

Your goals are:

- Things you need
- Things you would like to do

Goals can be things you would like to do

- Now
- In the future

Your goals maybe things like:

- Moving out of home
- Getting a job
- Travelling by public transport
- Managing your money
- Learning something new

Everyone has different goals and things they would like to do.

Windarrang can help you with your goals and talk to you about what you want to do. Talk to Tony or Melissa to find out more.

Tony: tcavedon@windarrang.org.au

Melissa: mshaw@windarrang.org.au



Working hard with the Christmas dump.

Scott worked hard over Christmas and the New Year at the Recycling ADE. Its was incredibly hard to keep on top of the dumping across Bendigo.

A Getaway to Port Fairy

On 3rd February 2022 an excited group went to Port Fairy. They had a great time exploring everything Port Fairy has to offer including the beaches, sightseeing, finding lots of animals, a visit to the lighthouse, eating at restaurants, shopping and making new friends!

One thing everyone enjoyed was a leisurely walk admiring one of Victoria's earliest settlements. Port Fairy has many original historic buildings and it was wonderful to admire them.

Thank you, Kathy Harper and Michelle Rhodes, for all your care and attention.



The lighthouse and the locals were popular with the group.



We loved our accommodation.
Clare, Alinta and Linda



Dinner out.



Best friends!

Janine Nash and her bird paintings



Save the date! \$5 Fill-a-bag Garage Sale at Castlemaine 12th March 2022

Celebrate with us in March with our incredible garage sale in Castlemaine Saturday 12th from 9am. Pick up some great bargains and we will have a fill a bag sale.

We will have a fantastic BBQ lunch with a Sausage sizzle & cold drinks available for \$2! Don't miss it!

Saturday 12th March
Windarrng Disability Services
9:00am – 1:00pm
LOCATION: 317 BARKER STREET, CASTLEMAINE

GARAGE SALE

\$5 FILL A BAG SALE

BBQ LUNCH - SAUSAGE SIZZLE & COLD DRINKS

WOW!
OH LOOK A BOOK AND TOY SALE
OH BOY!
COME ALONG IT'LL BE SUPER
OMG
WHERE IS THIS SALE
WINDARRING OF COURSE

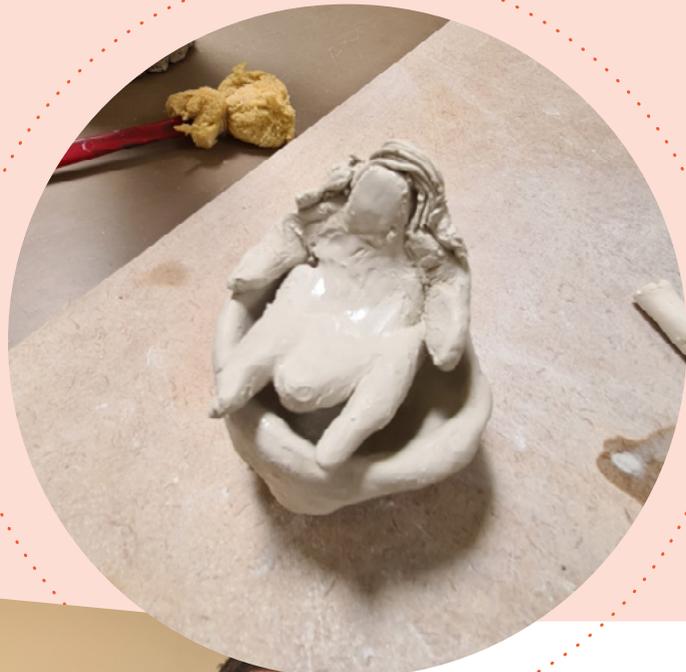
WINDARRING
1-9 FR ST
GOLDEN SQUARE
SATURDAY
19TH MARCH
9-1PM

BOOKS AND TOYS EVERYWHERE!

WOW! Book and Toy Sale! Golden Square 19th March 2022

Celebrate with us in March with our incredible book and toy sale in Golden Square, Bendigo on Saturday 19th from 9am. Come along it will be super! Books and Toys everywhere!

Gisborne Pottery Class was a big hit!



Fun Activities Page

Riddles

Answers at the bottom of the page

1. You have to hold me carefully if you want to keep me.
And when you want to use me then you have to break me.
What am I?

2. A cowboy rode into town on Friday. He stayed in town for three days and rode back out on Friday.
How is this possible?

Word Puzzle

Say the Color of each Word!

(Don't read the word)

How Fast can you say it?

black white yellow green red blue
yellow red black green white red
white green red black yellow green
black white yellow green red blue
white green red black yellow green
yellow red black green white red
white green red black yellow green

Jokes

Q: What do you call a boomerang that won't come back?

A stick.

Q: What does a cloud wear under his raincoat?

Thunderwear.

Q: What time is it when the clock strikes 13?

Time to get a new clock.

Q: What did one toilet say to the other?

You look a bit flushed.

Q: Why did the dinosaur cross the road?

Because the chicken wasn't born yet.

Q: Why did the kid bring a ladder to school?

Because she wanted to go to high school.

Q: Where would you find an elephant?

The same place you lost her.

Q: How are false teeth like stars?

They come out at night.

Q: What's worse than finding a worm in your apple?

Finding half a worm.

Q: How do we know that the ocean is friendly?

It waves

Riddle Answers
1. An Egg
2. The horse's name was Friday.



Employment Opportunities

We support people with disability through meaningful employment in our ADE program. You can work for us in various enterprises.

For details visit windarring.org.au or call **03 5422 7001**



REGISTERED
NDIS
PROVIDER



Contact Us

Contribute

Are you a client with Windarring? Let us know if you'd like to contribute! We need:

Photography
Artwork
Short stories & articles

Send them to

Keegan1976@mail.com or
VPoxon@Windarring.org.au

Questions?

Call 03 5422 7001

Editor & Contributor:

David Keegan

Publisher: Windarring

Printing: Kyneton Copy Centre

Visit us on the web at

windarring.org.au

Contact us to

Distribute
Sponsor
Donate

Bringing you client stories and experiences from across windarring

Acknowledgement of the traditional owners and country

Windarring acknowledges the Australian Aboriginal and Torres Strait Islander peoples of this nation. We acknowledge the traditional custodians of the lands on which our company is located and where we conduct our business. We pay our respects to ancestors and Elders, past and present and emerging leaders. Windarring is committed to honoring Australian Aboriginal and Torres Strait Islander peoples' unique cultural and spiritual relationships to the land, waters and seas and their rich contribution to society.

Content Disclaimer

The views, information, or opinions expressed in the Dawn News are solely those of the authors and do not necessarily represent those of Windarring and its employees and clients. Please seek professional medical and financial advice if needed.

Community
Participation
Supported
Living
Employment
Pathways



Windarring Pty Ltd
67 Baynton Street
Kyneton VIC 3444
+61 (0)3 5422 7001
admin@windarring.org.au
windarring.org.au