



📷 Candidates in the Certificate I in Transition Education.

What we have learnt so far.

Page 1

Vocational Training Placement

Page 2

Cricket and fishing

Page 2

Round the traps

Page 2

A word from our CEO

Page 3

Dance and drama

Page 3

Windarrang in pictures

Page 4

Disability sector on the www

Page 5

Term dates for 2017

Page 6

Tuesdays in Kyneton

Page 7

NDIS coming to town

Page 8

Windarrang NDIS info sessions

Page 9

Horticulture training

Page 10

Basic life skills

Page 10

What we have learnt so far.

The above Windarrang training candidates are at the 4 week in mark in their Certificate I In Transition Education.

Tiffany Morelli

Setting my goals for my future holiday and to learn new things. Classroom rules, working on my target goal, hopes and dreams for the future, participate in travel activities, new job goals and technology.

Melissa Gale

I have learnt how to travel on my own from Castlemaine to Windarrang Kyneton.

Marlene Jeffrey

Learning how to set our goals and ways to achieve them, finding jobs on the computer, working out strategies to improve work skills, and going to the library to find information in the category to help with our goals.

Sue Jones

I have learnt in my course how to set goals and looking into completing the 3 units in Certificate I in work Education with AST, and classroom rules.

Brittany Light

I have learnt to catch the train to class. I catch the train to class 2 days each week and drive to work 2 days a week.

William Morris

I am currently doing a course called Certificate I In Transition Education. I am working toward a goal in getting my learners permit. I give it the thumbs up and I recommend it.

Dion Pethybridge

I have learnt more about things I like. I have learnt how to set goals. To learn how to spell and send e-mails is my goal. I have learnt my class rules, reliable, honest, respect, organised, hardworking, sensible, friendly, positive and helpful. I have researched car detailing on the computer.

Tim Kelly

I have learnt more skills in setting goals and education is about learning. It's important to welcome us in the course Certificate I in Transition Education.

Christopher Palamountain

What we have learnt. Researching on the internet, excursion to the library, discussion about target goals, open employment as a kitchen hand, barriers and strategies, discussions on further courses and classroom rules.

Vocational Training Placement



William Morris has just commenced a Vocational Training Placement at The Cosmopolitan Hotel in Trentham. William has also been undertaking another Vocational Placement for the last 7 months with the Victoria Hotel in Woodend. This is a great new opportunity for William extend his placement experience over two settings. Trentham is William's hometown and he is proud to be linking in with the local business. Thanks to both the Cosmopolitan Hotel in Trentham and the Victoria Hotel in Woodend for supporting William's workplace experience.

If you get caught at cricket you might get a catch fishing.



Jason fishing at Lauriston with his catch of the day.

The Thursday Cricket group have been enjoying an outing to the Coliban Reservoir each week after their cricket training session. Finally at the last minute the fish were biting – a long time coming but the smiles and laughter were well worth the wait.

Round the traps **What's been happening here and there?**

Gisborne

COMING UP

Great Macedon Grand Tour

Saturday April 1st at 9.00am

Windaring participants will be flagging vintage cars off from the Old Gisborne Courthouse.

Save the date – go down and have a look!

Bendigo

- We formed a mens group that does yabbing and fishing and has a picnic lunch every Wednesday.
- All participants went to the Lockwood animal farm and had a bbq lunch.
- We have organised a musician to come in every Friday morning to sing some songs and help to teach some music to everyone. It's great fun and gets people moving.

NDIS information sessions

For all participants, staff, family and interested persons

Gisborne: Tuesday 18th April, 5.30 - 7pm Centre

Castlemaine: Thursday 20th April 5.30 - 7pm

Baxter Place Kyneton: Thursday 27th April, 5.30 - 7pm

Bendigo: TBC

Refreshments available or bring a plate of food to share (this is optional).

The session will be ran in a discussion style. If you have specific topics you'd liked discusses please let me know. A letter to Windaring families will be going out next week. Thanks everyone for your support and understanding of my capacity.

Regards, Jane Dawson, NDIS Readiness Planner
p: (03) 5422 7001 m:0438 954 117
e:jdawson@windaring.org.au
e:cjkj4@bigpond.com

A word or two from our CEO



Over the next few months Windarring will be working on and changing many things which include:

- **A new client management system** to ensure that everyone gets the information they need when they need it. So as users of the service and families you will be able to access information about your services, how much of your package you have spent, what, when and how you spent it and how much you have left. Stay tuned for this exciting (and much needed!) development.

- **New vehicles** to ensure we have a modern, safe and reliable fleet that meets the needs.

- **A new website** to ensure people know what we do and can get information about us easily and quickly.

- In the next few weeks, we will be sending out a NDIS update for everyone to help you navigate this huge change.

Welcome Mark Castle

Congratulations to Mark Castle on being appointed the Pathways to Employment Manager Mark comes with a wealth of experience in education, training and employment for people with disabilities. please make Mark welcome if you come across him

A big thank you to Kathryn Kew for her work in this space for the past six months or so. It has been great to see the development happen, especially in the area of training.

Cheers,
Chris O'Connor, CEO
coconnor@windarring.org.au

Dance and drama program



We are fortunate this year, 2017 to have two experienced Artistic Consultants at Windarring in Kyneton on Fridays. Our two consultants are Maria de Bragança Roberts & Marita Jacobsson and a program is currently running from the Baptist Church Hill in Kyneton. Both Castlemaine and Kyneton performers are attending these sessions.

Program Content

The aim of this program is on creative exploration and expression through dance, movement and also other art modalities, as well as potentially working in nature. Included within all of this, at the forefront of any creative collaborations is a focus on wellbeing and fun for all participants involved. Working together as a group, towards the possibility of preparing a public showing or performance of the works later this year.

Program Intentions

To offer a stimulating, engaging and emerging program that encompasses the following activities:

- Trust building between us and the participants and between each of the participants with each other
- An ongoing inquiry into the individual strengths, interests and creative preferences of each person
- A combination of choreographic building blocks and exercises: such as following the leader, doing and watching
- Improvisation with props, sounds and bodies and building upon this over time
- Exploring voice work and sound making to discover and stretch each persons' use of their voice
- Solo and group: Free movement and creative expressive dance and drama to activate the participant's imaginations and creative selves
- Experience relaxation, mindfulness, presence and contemplation to integrate the moving experiences, as well as promoting wellbeing practices and creating space for the imagination to imagine!

What has been explored in Term 1 with the Group

- Settling in to all new: spaces, routines, rhythms, getting to know each other and creating together
- Warming up: being in the 'here and now' being embodied, or centred in our bodies, focus on body awareness, breath & presence
- Exploration and play with props in both dance and drama activities: ribbon sticks, flowers, material, balloons, stretchy elastics, Octoband, pillows, scarves, fans, feathers and alterations to the room layout
- Improvised dance and movement in solos, duets, small groups and whole group
- Use of sounds and voice, making soundscapes, singing songs and adding sounds to movement
- Drama games including variations of charades, team work, mime, enactment and mirroring
- Relaxation and mindfulness activities using: simple massage, rest, material and music



Brad fishing at Coliban Reservoir after cricket.



Here's what the Gisborne group has been making for the dog pound – dog toys!

Windarriving in pictures



The Windettes (Jane Dawson, Kathy Francis & Helen Barnes) get third place in the veteran class of the Kondak triathlon.



Here's the ladies on Wednesday afternoon at yoga and meditation



A busy Ivan Cruse



Gisborne decorations



Music in Kyneton on Wednesdays

There's so much written about disability and NDIS – it's impossible to read everything!

Below are some excerpts from articles we think are worth a read. If you're reading this as a PDF the underlined words are hyperlinks so you can just click on them to be taken to the webpage the article was sourced from. The full link is also included.



NDS welcome the release of Australia's first Social Enterprise Strategy

With around 5,000 social enterprises operating in Victoria - employing approximately 75,000 employees - this strategy aims to build a more cohesive society through new job creation and more opportunities for people experiencing disadvantage to obtain and sustain work.

The strategy will improve and expand on existing support for the sector so as to drive employment participation and inclusive economic growth through social enterprise.

The strategy identifies initiatives under three action areas:

- Increasing impact and innovation
- Building business capacity and skills
- Improving market access

The announcement of this strategy with its \$5M implementation funding may offer more opportunities for sustainable supported employment. The strategy acknowledges that 35 per cent of social enterprises target people with disabilities.

Read more >>

http://economicdevelopment.vic.gov.au/about-us/overview/strategies-and-initiatives/social-enterprise#utm_source=economicdevelopment-vic-gov-au&utm_medium=vanity-url-301ssredirect&utm_content=social-enterprise&utm_campaign=about-us

Source: vic.gov.au

2017 NDIS Price Review

The National Disability Insurance Agency (the Agency) is commencing its annual review of price controls. The review allows the Agency to ensure price controls are appropriate as the NDIS continues to grow. This year, the review will focus on personal care and community supports.

The Agency is very interested in feedback on pricing from participants and providers as part of this review. Consistent with our successful process last year, providers, peak bodies and other stakeholders will have an opportunity to express their views on NDIS price controls and pricing approach. The Agency intends to release a discussion paper that will explore options for updating NDIS price controls, and seek market feedback and additional examples and descriptions of support items.

Read more >>

<https://www.ndis.gov.au/providers/pricing-and-payment/2017review.html>

Source: ndis.gov.au

The Loddon area is getting NDIS Ready

Intereach, in partnership with the National Disability Insurance Agency (NDIA), is gearing up to meet demand. By 2020, the NDIS is expected to provide support to about 5300 people with disability in the Loddon area - a 33 per cent increase in the number of people receiving support.

In 2016, Intereach began their 'Info Van' tour of the Loddon area, which includes Greater Bendigo, Campaspe, Loddon, Central Goldfields, Mount Alexander and Macedon. The Van will continue community visits during January, February and March this year.

As the Local Area Coordinator for the NDIS in the Loddon area, Intereach is committed to supporting rural and remote communities understand and access the NDIS. The van acts like a 'drop in centre', where people can come by and ask all sorts of questions about the NDIS and what it could mean to them.

The Van is well equipped with a range of materials (also in Easy English) about the NDIS. Intereach staff provide people with information, relevant to their specific situation, that they can take home with them. They also provide contact information should people want to raise any further questions directly with Intereach. Community members are updated about the Van's schedule through Intereach's regular newsletter and by informing key contacts in each local community.

Intereach is excited to be opening offices throughout the region in Bendigo, Kyneton, Echuca, Maryborough and Castlemaine, with Bendigo and Kyneton due to open before the end of February. the start of May.

Source: intereatch.com.au

Intereach newsletter



Intereach, the Local Area Co-ordinators for NDIS, have a newsletter as well.

Copy and paste or click on this link to subscribe:

http://www.intereach.com.au/news/ndis-lac-e-news-loddon-area/?mc_cid=84875655ce&mc_eid=84870b4494

Get active this April

Registrations have opened for The Premier's Active April 2017. Victorians are encouraged to embrace the benefits of better health by ensuring they get 30 minutes of physical activity a day.

https://www.activeapril.vic.gov.au/?utm_source=VicHealth%20Update&utm_campaign=ebulletin%2015Feb17&utm_medium=Email

Source: vic.gov.au



Term dates for 2017

.....
TERM 1

Monday 23rd January 2017 – Friday 7th April

Centre Closed: Monday 10th April – Monday 17th April (includes Easter)

PUBLIC HOLIDAYS FOR TERM 1

- New Year’s Day: Monday 2nd January in lieu of Sunday
- Australia Day: Thursday 26th January
- Labour Day: Monday 13th March
- Good Friday: 14th April
- Easter Monday: 17th April

.....
TERM 2

Tuesday 18th April 2017 – Friday 7th July 2017

Centre Closed: Monday 10th July – Friday 14th July

PUBLIC HOLIDAYS FOR TERM 2

- Anzac Day: April 25th April
- Queen’s Birthday: Monday 12th June

.....
TERM 3

Monday 17th July 2017 – Thursday 21st September 2017

Centre Closed: Friday 22nd September – Friday 29th September

PUBLIC HOLIDAY FOR TERM 3

- Grand Final Friday: Friday 29th September

.....
TERM 4

Monday 2nd October 2017 – Friday 22nd December 2017

Centre Closed: Monday 25th December

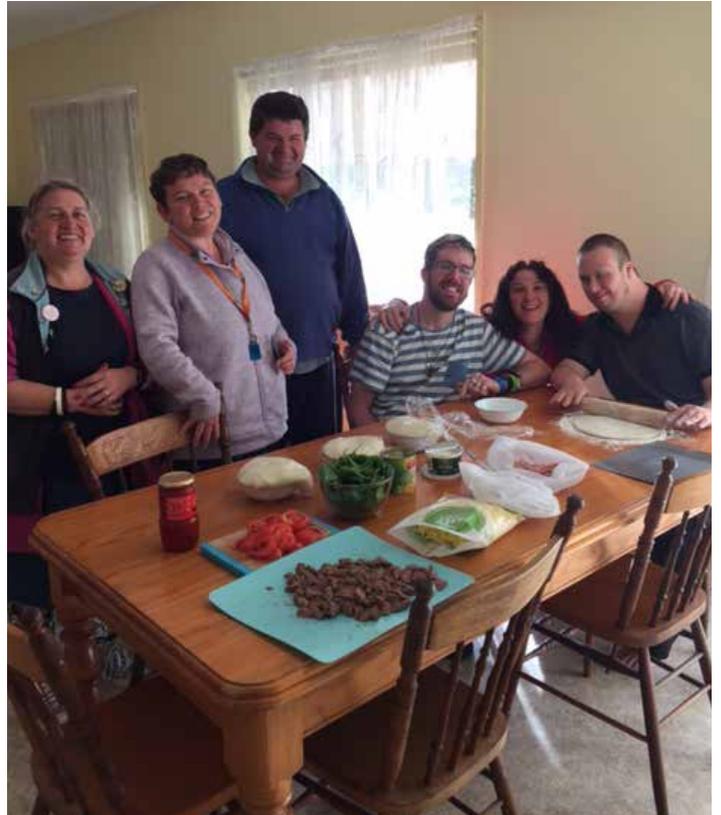
PUBLIC HOLIDAYS FOR TERM 4

- Melbourne Cup: Tuesday 7th November (Gisborne & Castlemaine)
- Kyneton Cup: Wednesday 8th November (Kyneton)
- Christmas Day: Monday 25th December
- Boxing Day: Tuesday 26th December



Tuesdays in Kyneton

Considering we have been having such good weather, on Tuesdays we have been doing some special dinners. We have made homemade pizzas and a few Tuesdays ago some of CCD, Piper Street and Millend Residents went down to the piper street Rotunda for a get together BBQ. We set up a darts board which provided some fun.



NDIS information sessions

presented by Windarring

For all participants, staff, family and interested persons.

Gisborne

Tuesday 18th April, 5.30 - 7pm Centre

Castlemaine

Thursday 20th April 5.30 - 7pm

Baxter Place Kyneton

Thursday 27th April, 5.30 - 7pm

Bendigo

To be confirmed

Refreshments will be available or please bring a plate of food to share (this is optional).

The session will be ran in a discussion style. If you have specific topics you'd liked discusses please let me know. A letter to Windarring families will be going out next week. Thanks everyone for your support and understanding of my capacity.

Contact:

Jane Dawson, Windarring NDIS Readiness Planner

P: (03) 5422 7001

M:0438 954 117

e:jdawson@windarring.org.au

e:cjkj4@bigpond.com



Horticulture training

Below are some photos of the great work the horticulture KCLC training have been developing with Facilitator Adam Lawrence.



In Kyneton in each Wednesday is a weekly music session with accomplished musicians playing guitar, piano, drums and many singers and percussionists.



April Birthdays

- 1 Roger Brooks
- 7 Sandra Ellis
- 10 Caroline Backman
- 10 Chloe Stevenson
- 11 Robert Folwell
- 15 Jessica Collins
- 17 Thomas O'Dea
- 17 Dale Brown
- 18 Elizabeth Ashman
- 22 Lyn Hampson
- 25 Peta Hannan
- 27 Wendy Wright
- 28 Marlene Jeffery
- 30 Kathy Francis

Basic life skills

Tuesday mornings basic life skills were invited to try their hand at badminton and have been made to feel very welcome by members of the Castlemaine Badminton Club. You need at least one opponent, but you can also play with a team mate and two other opponents. Which makes it more a social interaction. Each week there has been improvement some of the group have been given opportunity to play in contests and showing real potential. There may be a possibility for some to join the Thursday night league teams. There are some great health benefits and a positive feeling after each session.



Working together in pairs on the badminton court in Castlemaine



Windarring is a people centred, community based organisation committed to eliminating barriers to participation, inclusion and acceptance for people with disabilities in their local community.

67 Baynton Street, Kyneton, Victoria 3444. Telephone (03) 5422 7001
Email admin@windarring.org.au | PO Box 403, Kyneton, Victoria 3444.

Send your newsletter content to jmass@windarring.org.au – the more content the better your newsletter will be!